



CIGNA PAY AS YOU GO SERVICE

What does the Cigna pay as you go service include?

The occupational health services offered from Cigna include:

- Case management
- Pre-placement assessments
- Health surveillance
- Display screen equipment assessments
- Health promotion
- Nightworker assessments
- New or expectant mother risk assessments

You can tailor a package of one or all of these services to suit your individual needs. For more detail on each of these services visit www.cigna.co.uk/payasyougo.

How can the service be accessed?

Before using the service for the first time you need to register. You can do this by completing the Registration Form available at: www.cigna.co.uk/payasyougo/pdf/registration-form.pdf

The fully completed and signed Registration Form should be returned to abman@cigna.com. Cigna will then email you with your login details for the Occupational Health portal within one working day. The email will also enclose a step by step guide to help you use the Occupational Health portal to request the services you need.

What are the benefits of the Cigna pay as you go service?

- Access to a variety of affordable occupational health services as and when you need them.
- No annual fee - you only pay for the services you use.
- All services can be requested using Cigna's online Occupational Health portal which is available 24/7.
- Support for Line Managers through every step of the process via our online toolkit and dedicated helpline.
- Expert advice to help you support or manage absent employees.

What if I need more information or support?

If you need more help and support with any part of the Cigna pay as you go service you can:

- Access the online toolkit available 24/7 - www.cigna.co.uk/payasyougo
- Contact the dedicated helpline available Monday to Friday from 8.00am – 8.00pm - 01475 751762
- Email Cigna at abman@cigna.com

What is the cost of each service?

Pre-placements		
Online questionnaire with no OHA follow up		£28.00
Online questionnaire with OHA follow up by telephone		£42.00
Medical reports (GP/Specialist/IMEs)		Cost plus 15%
We can tailor pre-placement questionnaires for your company's needs. This is charged at £125.00 per hour. Please contact us on 01475 751762 if you require this service.		
Case management		
Simple case		£135.00
Standard case		£300.00
Complex case		£430.00
Medical reports (GP/Specialist/IMEs)		Cost plus 15%
Health surveillance		
Health surveillance is charged half day or full day rate except where stated		
Nurse half day charge		£335.00
Nurse full day charge		£565.00
Number of assessments which can be carried out per	Half day	Full day
Fork lift truck driver medical	5	9
Confined space medical	7	13
Breathing apparatus medical combined with confined space medical	5	9
Respiratory medical	10	18
Skin assessment	10	18
Audiometry/Hearing assessment	10	18
Working at heights medical	7	13
Hand arm vibration assessment – Tier 3	4	9
Hand arm vibration assessments – Tier 1 & 2		
Hand arm vibration assessment – Tier 1		£28.00
Hand arm vibration assessment – Tier 2		£42.00
Nightworker assessments		
Online questionnaire with no OHA follow up		£28.00
Online questionnaire with OHA follow up by telephone		£42.00
Medical reports (GP/Specialist/IMEs)		Cost plus 15%
New or expectant mothers risk assessment		
Online questionnaire with no OHA follow up		£28.00
Online questionnaire with OHA follow up by telephone		£42.00
Display Screen Equipment assessments		
Online self assessment		£28.00
Specialist advice provided by telephone (Based on self assessment and employer information)		£42.00
Face to face assessment at the employee's work location		£115.00
Health promotion		
Per day for a health educator to attend (no equipment or consumables included)		£360.00

Prices will apply from 1st August 2013 until further notice.

The Charges are exclusive of value added tax which may become payable by the Employer. Any value added tax element charged will be in the manner and at the rate from time to time prescribed by law.