# MENTAL HEALTH PROGRAMME: INPATIENT TREATMENT EXTENSION REQUEST



Please note - complete form in BLOCK CAPITALS Please return this form to **mhnurses@cigna.com** 

Hospital name	
Telephone number	

PATIENT DETAILS	
Name	
Member number	
Address	
Postcode	
Date of birth	
Admission date	

## **IDENTIFIED CONSULTANT**

### Name

Diagnosis			
DSM V Code			
Is this a change from the original admitting diagnosis	Yes:	No:	
Number of additional days being requested			
Proposed discharge date			

### ADMISSION EXTENSION DETAILS

Progress & recovery achieved since admission

Please detail the clinical change that has been achieved since the patient began inpatient stay.

#### **Proposed treatments**

Please describe the clinical interventions and treatment that are still to be undertaken or concluded as part of your extension of stay request.

#### Reason(s) this cannot be delivered as an out-patient

Please detail clinical reason(s) why this treatment cannot be conducted as an out-patient. Please note that convenience of administering treatment cannot be the sole criteria for continued inpatient stay.

#### Risk Assessment & Management

Please detail the risk factors that mean this member is unable to be safely treated as an outpatient.

Please define nursing observation level

#### Discharge plan

Please detail the anticipated follow up outpatient requirements

#### **Funding note**

If this patient's treatment needs exceed the financial limit of their policy an alternative treatment path will be required. Please indicate that you are aware of this possibility and are prepared to act to secure continuation of care.

Information on this form will be reviewed by Cigna Mental Health Services to monitor its Mental Health Programme. Further information may be requested.

Submission of this form does not constitute authorisation of the treatment requested until approved by Cigna.

Name	
Date	
Signature of identified consultant	





Confidential, unpublished property of Cigna. Do not duplicate or distribute. Use and distribution limited solely to authorised personnel. Copyright © Cigna 2021. All rights reserved. Cigna European Services (UK) Ltd (Financial Services Register No. 788765) is an appointed representative for Cigna Life Insurance Company of Europe S.A.-N.V. UK Branch (Financial Services Register No. 202845) and Cigna Europe Insurance Company S.A.-N.V. UK Branch (Financial Services Register No. 207198) which are authorised and regulated by the National Bank of Belgium. Deemed authorised by the Prudential Regulation Authority. Subject to regulation by the Financial Conduct Authority and limited regulation by the Prudential Regulation Authority. Details of the Temporary Permissions Regime, which allows EEA-based firms to operate in the UK for a limited period while seeking full authorisation, are available on the Financial Conduct Authority's website. Cigna Europe Insurance Company SA-NV, UK branch, is a foreign branch of Cigna Europe Insurance Company S.A.-N.V. (a company registered in Belgium in the Brussels Trade Registry with limited liability, authorised under licence 2176 and with Registration Number 0474.624.562 and registered address at Plantin en Moretuslei 309, 2140 Antwerp, Belgium), registered in England and Wales with registered number BR017168 and registered address at 13th Floor 5 Aldermanbury Square, London, EC2V 7HR. Cigna Life Insurance Company of Europe SA-NV, UK branch, is a foreign branch of Cigna Life Insurance Company of Europe S.A.-N.V. (a company registered address at Plantin en Moretuslei 309, 2140 Antwerp, Belgium), registered address at Plantin en Moretuslei 309, 2140 Antwerp, Belgium), registered in Belgium in the Brussels Trade Registry with limited liability, authorised under licence 0938 and with registration number 00421.437.284 and registered address at Plantin en Moretuslei 309, 2140 Antwerp, Belgium), registered in England and Wales with registered number BR000754 and registered address at 13th Fl