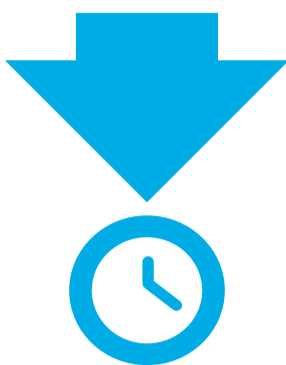


# SKIN CANCER DIAGNOSTICS

## Self-referral to cancer specialists

# 1

### Are you concerned about a change in your skin?



You can avoid the wait to see a GP and refer yourself for a diagnostic appointment.

# 2

### Arrange an appointment



You discover symptoms such as an increase in size, change in colour or shape, or inflammation of a mole.



Take action - refer yourself and call your Cigna helpline.



We'll discuss your symptoms with you and transfer you immediately to SkinHealth UK.



Your appointment will be arranged within **5 days**.

# 3

### Attend your dermatology nurse clinic appointment



You'll be seen by a dermatology nurse.



The nurse performs a validated skin cancer risk assessment with digital photography and dermoscopy. Any marks or moles will be photographed with a high resolution camera and uploaded to a telemedicine tool.



A consultant will review the photographs of your marks or moles. If you have nothing to worry about, you'll be told within **5 days**.

Most people given the all clear within 5 days of the nurse clinic



# 4

### If you need to see a consultant



An appointment will be arranged for you within 10 days and you'll have any necessary diagnostic procedure performed. A biopsy will be taken if needed.



If a biopsy was taken at your appointment, you'll receive the results within 5 days.

Together, all the way.<sup>SM</sup>



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