

# OneStop BREAST CANCER DIAGNOSTICS

Rapid access to cancer specialists

## 1 Are you concerned about a change in your breasts?



You can avoid the wait to see a GP and refer yourself for a OneStop diagnostic appointment



Available to both men and women at breast clinics around the UK

## 2 Arrange an appointment



You discover symptoms such as lump, dimpling of the skin, and/or breast pain



Take action - refer yourself and call your Cigna helpline



We'll discuss your symptoms with you and transfer you immediately to OneStop diagnostics



Your OneStop appointment will be arranged within **5 days**

## 3 The OneStop appointment



Allow 2 hours for your appointment



You'll be seen by the same specialist breast surgeon throughout



You'll receive the relevant assessments:

- Breast examination
- Mammography for those aged 35 + and/or breast ultrasound
- Image-guided tissue biopsy

Most people are given the all clear before leaving the clinic



If you had a biopsy taken....



If it's benign - you'll receive a telephone call within 5 days



If it's malignant an appointment will be made with the breast surgeon within 5 days to co-ordinate surgery. And the Cigna nurse team will be on hand to support you